

twenty  
seven-  
teen  
dream  
guide

20  
17



## SO LONG 2016

*For last year's words belong to last year's language, and next year's words await another voice... to make an end is to make a beginning.* T.S. ELIOT

The first step to creating a masterpiece will always be ensuring you have the proper ingredients - and nothing is worse than confusing salt for sugar.

As you look to gather all the makings of the next big thing for your 2017, sort yourself out. There are just some things that won't blend well with you in the year to come - they belong to 2016.

From the negative,  
to the unhealthy --  
the anxiety,  
to the heartbreak.

Deep breath. What are you making an end to from 2016?

A large light blue rectangular area containing horizontal dotted lines for writing.

THE END.



WARM UP FOR 2017

IN 2017 I WILL DO

More  
OF THIS

less  
OF THIS



THE RECIPE FOR THE BEST YEAR YET.

Now that you've straightened out your spices, you're beyond the business of resolutions. Resolve, by definition, is "a firm determination to do something." <sup>1</sup> But determination, like so many other things in life, is prone to fading. We see your tireless hope, January - as we raise you from resolution to Vision. Passion. Discipline.

Think of your 2017 in one large chunk. Exactly one year from now, where would you like to see growth? How would you like to feel? What will you invest in? How will it bring more good to your world? Pick three grand visions for 2017 and unfold them below:

VISION *What do I see in 2017?*

1.

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PASSION *Why is this important to me? Do I believe in it enough to achieve it? What will it feel like?*

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DISCIPLINE *What am I letting get in the way? What action can I take today to fuel my momentum?*

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VISION *What do I see in 2017?*

2.

---

PASSION *Why is this important to me? Do I believe in it enough to achieve it? What will it feel like?*

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DISCIPLINE *What am I letting get in the way? What action can I take today to fuel my momentum?*

---



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VISION *What do I see in 2017?*

3.

---

PASSION *Why is this important to me? Do I believe in it enough to achieve it? What will it feel like?*

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DISCIPLINE *What am I letting get in the way? What action can I take today to fuel my momentum?*

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**BITE-SIZE PIECES.**

Put one foot in front of the other. Eat the elephant one bite at a time. Rome wasn't built in a day. Catch the drift?

There's a lot of time between January and December. 12 months to be exact. Take the modern calendar as a template for you to crush your dreams, one month at a time.

Break your top 3 visions into 12 mini-goals to create pace and prevent burn-out. Take your time here, considering the seasons not only weather-wise, but also wherever you find yourself in 2017, from school, work, love, family, friends and beyond.

**PRO TIP:** At the beginning of each month, jot down your goals on the included printable cards and post somewhere you'll see it each morning.

JAN	FEB	MAR
1	1	1
2	2	2
3	3	3
APR	MAY	JUN
1	1	1
2	2	2
3	3	3
JUL	AUG	SEP
1	1	1
2	2	2
3	3	3
OCT	NOV	DEC
1	1	1
2	2	2
3	3	3

<sup>1</sup> <http://bit.ly/2iX6rFQ>



# SUM IT UP

## word OF THE Year

### CORE VALUES

Your three 2017 visions summed up into three meaningful, memorable words:

- 1
- 2
- 3

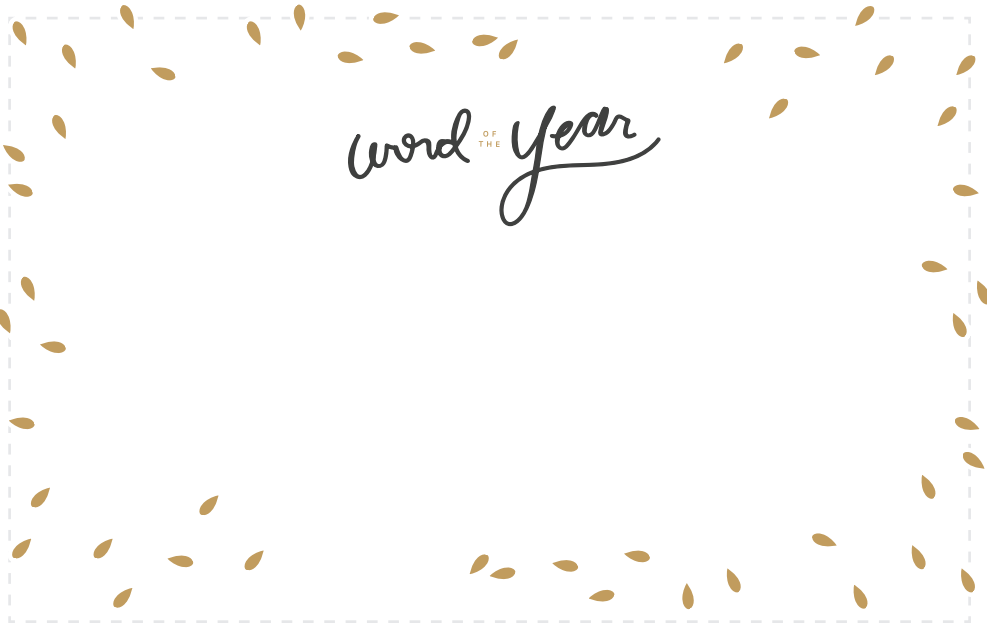
### YOUR 2017 DISPOSITION

Circle the faces that best express your outlook on the coming year:

PUMPED	DOWN	OPTIMISTIC
OVER IT	CONTENT	ANXIOUS



PRINTABLES



GOALS

MONTH: .....

1

2

3

20  
17